

Soccer Camp



Camp Weeks

- 1) June 8th - June 12th, 2009
- 2) June 15th - June 19th, 2009
- 3) June 22nd - June 26th, 2009
- 4) June 29th - July 3rd, 2009
- 5) July 6th - July 10th, 2009
- 6) July 13th - July 17th, 2009
- 7) July 27th - July 31st, 2009

Campers will:

- Develop individual skills in striking, trapping, heading, and passing the ball with power and precision;
- Learn to work with one or more other players on tactical plays to be used in game situations;
- Become adept in offensive and defensive strategies;
- Receive personalized training in goal keeping; and
- Increase their physical fitness, agility, and strength.

Additionally, each camper will receive:

- A River City Rangers Summer Camp T-shirt,
- A camp photo, and
- A Certificate of Achievement

Session Information:

This year's curriculum is based on a 5-day program:

Monday: Dribbling Turns
 Tuesday: Ball Control, Passing
 Wednesday: Shooting, Goalkeeping
 Thursday: Heading, Defending
 Friday: Small-Sided Games

U5-U6 Camp begins at **9:30am** and ends at **11:30am**, Monday thru Friday. The total cost for five 2-hour sessions is **\$110**.

U7-U15 Camp begins at **8:30am** and ends at **11:30 am**, Monday thru Friday. The total cost for five 3-hour sessions is **\$150**.

Age Groups:

U5 - U7

For players in the early development stage, the emphasis will be on fun and technical training. Basic skills will be taught through a variety of games and exercises.

U8 - U10

Individual techniques and skills will be taught through a variety of drills. The sessions will focus on development through both games and technical instruction, creating an environment that is fun but presents increasing challenges.

U11 - U15

Individual skills and techniques will be taught through a wide range of drills and field situations. Coaching will include both technical and tactical instruction, focusing on development of a broader understanding of the game.

Each player will be checked in and out by supervisory camp personnel every day of camp.

Players will be grouped by age and ability, and may be moved to other groups as the coaching staff is able to assess player learning and development in response to the challenges presented during a week-long session.

Registration Form

Total Enclosed: \$ _____ U7-U15: \$150
 U5-U6: \$110
 Camp Shirt(s): YM ___ YL ___ AS ___ AM ___
 Send registration form and a check made payable to:
 River City Rangers
 P.O. Box 26887
 Austin, Texas 78755

Player 1 Name _____ Age _____ Sex _____ D.O.B. ___/___/___
 Player 1 Camp Week (circle appropriate week) 1 2 3 4 5 6 7
 Player 2 Name _____ Age _____ Sex _____ D.O.B. ___/___/___
 Player 2 Camp Week (circle appropriate week) 1 2 3 4 5 6 7
 Parent(s)/Guardian(s) Name(s) _____
 Home Phone: (____) _____ Work: (____) _____ Cell: (____) _____
 Address: _____
 City _____ State _____ Zip _____
 Email Address _____

I certify that my child/children is/are in excellent health and may participate in strenuous physical activities including soccer. I agree to defend and hold the River City Rangers (RCR), officers, agents, representatives, coaches, volunteers, and employees harmless from any and all claims for injuries sustained by my child/children during his/her/their participation in the summer camp. Permission is granted for my child/children to receive emergency medical treatment, if needed, and I certify that there are no limits to my child's/children's participation except as stated in writing and included with this application.

Signature of Parent/Guardian _____ Date _____