

Subject: The Ball

Lesson Objective:

The student will identify a legal ball out of a group of three shown.

Equipment and Materials to Teach the Lesson:

One soccer ball that meets the requirements and two others that do not .

Approximate Time Needed:

10-15 minutes.

Set:

Pass the balls around the class and ask the participants which one or ones would be legal and which would not.

Strategies to Actively Involve the Participants:

After they have examined the balls, have a discussion with the students as to what makes the balls acceptable or not.

Information: Facts, Concepts, Skills to be Taught:

Direct the students' attention to the specific page for Law 2. Ball shall:

- be spherical
- be of leather or approved material
- contain no material that might prove dangerous
- be 68-70 cm (27-28 in.) in circumference
- weigh no less than 410 g and no more than 450 g (14-16 oz.) at start of match

Ball cannot be changed during the game without the referee's authority.

Point out the requirement of different size balls for different age groups.

Note what to do if the ball becomes defective.

Closure:

Working in pairs, each student turns to a partner and states one requirement for a ball to be legal. The instructor recaps, bringing out all five requirements.